



TECHNICAL

TECHNICAL REPORT

Submitted by	Date	Team
Andrew Vanover	11/21/11	U14 - U18 Boys
Name Event	Location of Event	Date of Event
Bethesda Showcase - ASL Event #1	Boyds, MD	11/18/11 - 11/20/11
Coaching Staff		
Eddie Gibbons- U14 Boys, Keith Keomanikoth - U15 Boys, Paul Danaher - U15 Boys, Andrew Vanover - U16, U17, U18, Steve Cavalier - U16, U17, U18, Rick Bond - U18		
Team Administrator	Team Trainer	
Andrew Magee - U14, Laurie Eriksen - U15, Suzanne Musacchio - U16, Brian Dalphon - U17, Paula Haldeman - U18	NA	
Team		
<p>U14 Union: Paul Charles Stefan Trevor Will Max Kevin David Tyler Bruno Collin Tomaso Brian Steve Dimitri</p> <p>U15 Thunder: Jake McAteer Logan Jirak Jamie Togo Colin Brackin Sam Conrad Jacob Meyer Jim Connally Andrew Consantine Kyle Eriksen Logan Pethsy Victor Avlies Max Euler</p>	<p>U16 Arsenal: Chris Disabatino Ben Yount Daniel Kraiter Cameron Newberry George Tsagnos Tyler Magner Remmington Christman Sean Myers Calvin Smick Mike Disabatino Matt Paranczak Jaylen Dunham Dylan Huber Jason Norat Joey Cain Austin Hanson Chad Fox Jeff Richards</p> <p>U17 Heat: Alex Luke Connor Dalphon Ben Murray Hunter Dann Nick Galentine Mike Cross Dalton Trivits Matt Worrall Aaron DaCosta</p>	



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Tyler Brown Jordan MacFarlane AJ Witherell Kevin Williams Nicholas Meola Liam Hill David Klemens	Joey Koziol Chris Koziol John Connally Makienda Ogunnaike Yoni Blumberg Kevin Murphy U18 Strikers: Taylor Bond Joey Canfield Tim Glaccum Natty Long Angus Maloney Hunter Murray Adam Pinder Nathan Rogatz Ben Russell Mark Stape Mickey Junkins Alex Jule Eric Carey Bryan Haldeman Mike Martin
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Introduction

My name is Andrew Vanover and I am the Age Group Coordinator of the U15 – U18 Boys at HSC. This report will summarize in detail the Bethesda Showcase and our initial involvement with the ASL (Atlantic Soccer League) for our teams U14 – U18 Boys.

Philosophy

The philosophy of this event was to give our players and opportunity to showcase their talents to college coaches. With our players coming off the long high school season, we looked at this event as an opportunity to regenerate and come together as a team / club once again. We approached this event very lightly and was a player-centered event. Low intensity coaching style was implemented to promote a positive and enjoyable soccer environment.

Event

The Bethesda Showcase was event 1 of 4 in the ASL Season. Each team participating played 3 games of a 9 game league schedule. U15 Thunder has been placed in ASL 1 and the U14, U16, U17 and U18 teams have been placed in ASL 2.

Site

The event was held at the Maryland SoccerPlex. All games were at one site and the fields were in great shape. Mixture of grass and turf. Some teams decided to stay, other decided to commute based on the proximity of the event to home. 2.5 hours by car. Weather conditions were good, but cool.



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Preparation

For all teams involved, there was limited preparation for this event. Most teams did not have all players available due to high school conflicts. We did have a player's shortage, and every effort was made between the Club (HSC) and the league (ASL) to utilize more of a club roster. Thank you to those players that played in multiple games to help the club. We utilized this policy club-wide as we had players from U14 - U17 play up to help the team above them on particular need matches.

Competition

U14 Boys Union:

Game 1 vs. Chesterfield United FC: 1-3 Loss

Game 2 vs. Roanoke Star Elite: 2-1 Win

Game 3 vs. Jersey United Spartans: 6-0 Win

We mainly play a 4-4-2/3-5-2. We attempt to use two staggered forwards moving across the opponents back line usually one checking and one running to the corner flag, two wide midfielders used as outlets and to cross, two attacking center mids and a defensive mid to swing ball and hit diagonals not much combination/playmaking ability, and three backs with the outside backs playing ball wide or swinging across the back and overlapping. We attempt to push our outside backs forward as much as possible to link up with the attack or apply high pressure to keep the ball in attacking third.

Game 1

1-3 (1-1 at half)

Tyler (Trevor)

Players of the match: Steve and Collin

We scored the first goal on a great run by the left back. We had a moment of bad 1v1 defending top of the 18yrd box for a 12-yard shot near the end of the half. (Center mids have tendency not to track back for us) We gave up a corner kick goal back side header on the 2nd goal five minutes into the 2nd half. We struggled to possess ball against the team. We just played too slow and tried to force the ball. They had a solid center back, dangerous forward, crafty center midfielder who were well organized and moved the ball well. The 3rd goal we were pressing and they countered down the middle playing a through ball past our center back stepping rather than dropping. Not happy with the play or end result. We have beaten better teams.



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Game 2

2-1 (1-0 at half)

Tomasso (Brian)

Tomasso (Trevor)

Players of the match: Tomasso and David

We scored first with a good combination on the left side. Then, we gave up a corner kick goal that bounced in the box. We out possessed the team but they did have some decent chances on goal. We moved the ball better in the second half and finally adjusted to a 3-5-2 with a roaming center mid/withdrawn forward last 5 minutes to score. We were the better team really had a tough time with the final ball and scoring. Technique on services and first touches hurt us numerous times.

Game 3

6-0 (2-0 at half)

Tyler ()

Jeff ()

Steve ()

Steve ()

Paul (Charles)

6th goal not sure

Players of the match: Steve and Tyler

We were stronger than our opponent, but we played down to their level the first half. Could have been 2-1 at half but they missed a pk. Great ball movement the second half and completely dominated. Pretty much ran every pattern we have been working on the past two weeks. We scored 3 goals in the first five minutes of 2nd half.

U15 Boys Thunder:

Game 1 vs. Jersey United Spartans: 0-0 Draw

Game 2 vs. FC Fredrick: 1-0 Win

Game 3 vs. Bethesda FC Blue: 1-1 Draw

Overall the team played well considering it was the first time that the team has played together since the end of June. Being that all of the boys play at different high schools programs, this weekend was a good opportunity to deprogram the players from their normal high school routine and play at a high level. The players were excited to return to play with their teammates and that excitement definitely translated positively out on the field.



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Formation: 4-4-2

Defensively: Team defense was key in the success for this weekend. The team goal was to win 50/50 balls in the middle of the field and to win balls in our 18. The back line kept a high line and limited the amount of space between the midfielders, but did a nice job of recovering and giving depth when needed, shifted well to defend the ball side. 1 v 1 defending and support was executed extremely well in our defensive 3rd. Strikers played a key role as our first line of defense by channeling the ball into the middle of field for our mid field to win the second ball and cut off passes.

Offensive:

Possessed the ball well. 2 of 3 games, out possessed the opposing team 60/40. The team used the width of the field well getting our backs forward and involved in the offensive 3rd putting a ton of pressure on the other team. Target players played well to create space. CM's created opportunities but still need to be more active in creating shots on goal. Good balls and crosses behind the defense from the backs and outside midfielders but lack #'s forward at the end of the service. Creativity and runs were good, but execution of the final pass was inconsistent. Need more quality shots on goal.

U16 Arsenal:

Game 1 vs. Roanoke Star: 3 – 1 Win

Game 2 vs. NJSA: 2-0 Win

Game 3 vs. Freestate Real: 2-1 Win

Shape: 1-4-3-3

Overall the team got better each game. With the team coming off their high school season, it was a good time to come together to understand how to play with one another once again. In an effort to promote attacking soccer a 1-4-3-3 shape was used. This is a new shape for the team going from a 1-4-4-2 in the previous years. The 1-4-3-3 proposed some new challenges for the team as they struggled with width and understanding the roles of each player. Although, going 3-0 on the weekend was a good start without truly understanding the identity of the team. This is a testament of the quality of players on the field.

Defensively: Did well to compact the game centrally. Need to focus and understand the ability of the outside backs to pick up the opponents outside MF. The ability for the team to shift its shape to compact the strong side of the field will be a topic of concentration in the future. The group did well to compete and win 50 – 50 balls.



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Offensively: The first two games were a bit out of control. The team lacked tempo and did not understand when to keep the ball vs. when to get behind the opponents back line. At times the team was too direct and at other times too in direct. The 3rd game provided a good balance of both, as we were able to suck out the opponent out of their defensive 1/3 in order to play in behind the back line. This was a proponent of quality soccer. Still need to do a better job to get the outside backs forward when the opportunity presents itself.

U17 Heat:

Game 1 vs. Chesterfield United: 1-0 Win

Game 2 vs. Roanoke Star: 3-1 Win

Game 3 vs. NC Alliance: Jersey United: 1-0 Win

Shape: 1-4-3-3

This was a good weekend for the Heat! With the shortage of players due to the High School State Finals the boys were able to overcome adversity and play some very attractive soccer. The key for the weekend was to be sure that we find a tempo in the game with the expectation of playing quickly when necessary. Overall the team was very good at keeping the ball and playing quality attractive soccer. With 3 wins on the weekend, I would say it was a great event for the Heat!

Defensively: I think our back line was fantastic! Did well to win balls out of the air and was willing to tackle and destroy the game when necessary. Overall, the game was compact and defended well as a unit. We really did not have much opportunity to defend as with most teams we played, we were the superior opponent and had possession of the ball most of the time. There is a need to improve on the shifting of the team when the ball is in the middle 1/3 of the field where our outside backs will need to step to put pressure on the ball. This will come with time.

Offensively: As mentioned before, our focus was to keep the ball. I would say that we were very good in this area. Did a good job to give width, and our mf 3 did a great job of playing quickly and the way they faced. Showed good composure on the ball and willing to take players on to create opportunity. The outside backs were sometimes resistant to go forward, but different players in that role had more success in the attack. We will continue to encourage this aspect of the game. The front 3 did well to get on loose balls and become dangerous in the attack. Need to have a better understanding on when to make a penetrating run behind the back line. Overall not enough movement off the ball.



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U18 Strikers:

Game 1 vs. SOCA Lightning: 0-1 Loss

Game 2 vs. Roanoke Star: 0-3 Loss

Game 3 vs. Jersey United: 0-2 loss

Shape: 1-4-3-3 / 1-4-5-1

This was a tough weekend for the Strikers. More than any team at the club, the absence of key impact players was felt. The players that played this past weekend were faced with big adversity and they did well to adjust to the situation. Having to utilize more than usual guest players, this team lacked cohesiveness and identity. This was evident in their results. The team was asked to work on keeping the ball and to defend as a group. Overall there was limited possession and defensive compactness. The team really struggled to compete in the 50 / 50 balls and was unable to communicate effectively to limit simple defensive errors. I can say they paid dearly for these mistakes. Overall the players were frustrated and were unable to get into any rhythm.

Defensively: The main point going into the event was for the team to defend as a group and keep the shape tight and compact. The intent was for the team to compete for loose balls and win every first and second ball. Individual defending was an issue and there seemed to be no sense of patience to win the ball back collectively. Poor communications between players lead to mistakes, which cost us goals. Defensive shape was good when ball was in the middle 1/3, but the lack of quality individual defending caused the team to struggle in the defending 1/3. I am confident that this will improve and was a product of players not being familiar with each other.

Offensively: When the team played simple and did not hold onto the ball too long, there were some good chances created. While the team did not score a goal over the weekend. There was good attacking soccer and was unlucky not to score a goal or two. The team did struggle to keep the ball and this was due to the player's inability to take their time on the ball. I really think they struggled with the different playing styles from High School to Club Soccer. The players were very direct and lacked ideas on how to go forward.



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Recommendations

In the future, we need to work with the league to avoid any conflict with players. The league is looking at holding 4 events and allowing the clubs to choose 3 of the 4. This will alleviate our issues with high school conflicts. I would like to see the club stay over night at a club-centered hotel. This will allow more of club environment and help us hold player meeting / parent meeting during the event.

Thank you

I would like to take this time to thank the ASL and the HSC Coaching staff for making this event positive. A big thank you goes out to all the managerial staff for all the behind the scene work that needs to be done for each event. I would like to thank the players and the parents for working with the club to promote and support our vision. I would also like to thank the handful of players that were able and willing to help out with player shortages. We are looking forward to the future and the development of the club!

#	Name	Team	Goals Scored
1	Andrew Constantine	15 Thunder	1
2	Max Euler	15 Thunder	1
3	Tyler	14 Union	2
4	Tomasso	14 Union	2
5	Steve	14 Union	2
6	Jeff	14 Union	1
7	Paul	14 Union	2
8	Mike Disabatino	16 Arsenal	4
9	George Tsagnos	16 Arsenal	1
10	Ben Yount	16 Arsenal	1
11	Cameron Newberry	16 Arsenal	1
12	Aaron DaCosta	17 Heat	3
13	Yoni Blumberg	17 Heat	1
14	Ben Murray	17 Heat	1
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